

DINNER

BITES

CHICKEN PAKORA - £4.80 @

Crispy, gluten-free, tender chicken bites, with Shola seasoning

SHAAMI KEBAB (3 PCS) - £5.20 @

Pan-fried, chicken and chana daal kebabs, cooked with garam masala stuffed with onions, green chilies and coriander

VEGETABLE PAKORA - £3.80 @ 00



Gluten free vegetable fritters with crunchy sweetcorn

AALOO CHANA CHAAT - £3.80 @ 10



Chickpeas, potatoes, tomatoes, and crunchy onions, in a sweet and sour tamarind sauce with freshly ground roasted spices

KAALAY CHANNAY KEE CHAAT - £4.80 @ @



sauce, sprinkled with Shola Chaat Masala and finished with fresh chopped onions and coriander

MASALA FRIES - £2.80 @ 00

Chunky potato fries tossed in Shola Chaat Masala

KHATTAY AALOO - £4.50 @ 10

Turmeric spiced new potatoes cooked with nigella seeds and curry leaves

KURKURI BHINDI - £5.00 @ 🖤



Skinny okra fries coated in spicy gluten-free bread crumbs

MAINS

YELLOW KHATTI DAAL - £6.00 10 00



Tangy yellow split peas, slow-cooked over 6 hours and tempered with roasted cumin and curry leaves

PALAK PANEER - £8.00 0 00



Spinach curry, whipped through with our crumbled, in-house made, fresh paneer

TIMATAR KA KUT - £6.00 1 G



Tomato curry reduced with spices for over 4 hours, tempered with nigella seeds, garlic and curry leaves

CHICKEN KARAHI - £8.00 @



Stir-fried chicken curry simmered with lots of ginger, garlic, fresh tomatoes and spices

KAALEE DAAL - £6.00 @ W



Black Urad Daal simmered for 6 hours, spiced with garam masala, topped with fried onions

CHICKEN BIRYANI - £10.00 @



Mughal dish of fragrant steamed rice, layered with a highly aromatic sauce of marinated chicken and potato pieces

BUN KEBAB - £8.50 (ADD EGG +£1)

Street Food classic - pulled chicken slider with pickled onions and Shola Chutney, toasted in a brioche bun

SAUCES

SHOLA CHUTNEY - £1.00 @ @

TAMARIND CHUTNEY - £1.00 @ @

MINT RAITA - £1.00 V

GRILLS | Freshly Charcoal Grilled in our MIBRASA oven

CHICKEN MALAI BOTI (MILD) - £7.00 @

Boneless chicken thighs marinated overnight in a mild, lightly-spiced yogurt with coconut, roasted cumin, mustard and seeds

CHICKEN TIKKA BOTI (SPICY) - £7.00 @

Fiery, juicy chicken thighs, marinated overnight in a green and red chilli turmeric infused yoghurt

LAMB SHOULDER - £9.00 @



Slices of tender lamb shoulder, marinated for 48 hours in a smoky black cardamom spiced blend. Braised for 4 hours and finished over coal

BBQ SABZI - £7.0011 @



Charred seasonal vegetables marinated in Shola Masala cooked over coal.

SIDES

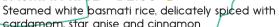
KACHUMBER (CHOPPED) SALAD - £2.501

Traditional Pakistani chopped salad with onions, cucumbers, carrots and tomatoes in a zesty lemon and nigella seed dressing.

DESI SLAW - £2.50

Crunchy seasonal vegetable salad pickled in a refreshing house dressing.

BASMATI RICE - £2.00 100



PARATHA - £3.00

Flaky, hand rolled flour flatbread fried in ghee

SOURDOUGH NAAN - £2.50











DRINKS

SPARKLING

Vino Vispo Frizzante, Italy - Glass £4.75/Bottle £20.00 Prosecco Treviso Spumante Brut, Italy - Bottle £24.00

WHITE

Tarabilla Blanco, Bodegas Gallegas, Galicia, Spain - Glass £5.75 / Bottle £18.00 Clef D'Argent Sauvignon blanc, France - Bottle £20.00 Arbos Pinot Grigio, Organic, Sicily, Italy - Bottle £25.00 Mâcon 'La Roche Vineuse', Château de la Greffiere, Burgundy, France - Bottle £30.00

RED

Liso Veinte, Tempranillo, Spain - Glass £5.75 / Bottle £18.00 Telegraph Road, Shiraz Viognier, Australia-Bottle £20.00 Montepulciano d'Abruzzo 'Era', Organic, Abruzzo, Italy - Bottle £25.00 Los Medanos Malbec, Organic, Bodegas Vinecol, Mendoza, Argentina - Bottle £30.00 Ripasso Giago, Damoli Bruno, Veneto, Italy - Bottle £40.00

BEER

Camden Hells Lager - Half Pint £3.50 / Full Pint £6.00 London Meantime Pale Ale - Bottle 330ml £3.75 Peroni - Bottle 330ml £3.75

SOFT DRINKS

Doodh Patti Chai - £2.00

The Pakistani 'Builder's Tea' cooked with milk on the stovetop with a blend of aromatics, strong & invigorating.

Mint Kahwa - £1.50 Fresh Mint Tea

Coke/Diet Coke - £1.50

Sprite - £1.50

Water Still/Sparkling - Small £1.50 / Large £4.50

Cawston Press - £2.50

Elderflower, Rhubarb, Ginger Beer, Cloudy Apple

DESSERT

NAAN KHATAI - £2.50

Crumbly Semolina and cardamom cookie

MEETHA PARATHA - £2.50

Sugar-dusted, flaky flatbread, fried in ghee

KULFI MALAI/MANGO/PISTACHIO - £3.50

Kulfi - Pakistani Style Ice Cream on a stick (Contains Nuts)

OUR STORY

Shola takes you back to an era of simple, clean cooking, the way it has been done in our family kitchens for centuries. We use high quality ingredients and traditional cooking techniques (with no short cuts!) to create food that just feels good. We even roast and grind the spices ourselves, to make our masalas from scratch. All the recipes on our menu have been passed down over generations.

From our family to yours... with love.

Uber Eats deliveroo



Vegan

Gluten Free

Vegetarian







